



CULTURALLY RESPONSIVE, BOARD-APPROVED PSYCHOLOGY SUPERVISORS

Please note that Project HoriZen does not personally endorse or guarantee the services of the clinicians listed below. The inclusion of their names in this list is for informational purposes only. We strongly encourage you to reach out to the supervisors directly to discuss your specific supervision needs and determine their suitability for your requirements.

Name	State	Endorsement	Modalities	Supervision offered	Cultural background	Languages supervision offered in	Contact information
Anita Gupta	VIC	Clinical	ACT, other	5+1 (MPP), registrar, postgrad placement, ongoing consultation	Indian Australian	English	anitaguptaconsulting@gmail.com
Averil Cook	NSW	Clinical	IPT, FBT, other	Registrar, ongoing consultation, supervision of supervision	Chinese/European	English	info@bodhiandpsychology.com.au
Daniela Ho Tan	NSW	Clinical	CBT, ST, FBT	Registrar, ongoing consultation	Vietnamese Australian	English	contact@projecthorizen.com www.projecthorizen.com
Eileen Seah	NSW	Clinical	CBT, ACT, EFT, IPT, other	Registrar, ongoing consultation, supervision of supervision	Peranakan-Chinese (Singapore)	English, can understand conversational Mandarin but not offering supervision in Mandarin	admin@eileenseah.com.au
Emalynne So	NSW	Clinical	CBT, ACT	Registrar, ongoing consultation, supervision of supervision	Australian-born Filipino	English	bn3psychology@gmail.com



Name	State	Endorsement	Modalities	Supervision offered	Cultural background	Languages supervision offered in	Contact information
Jacinta Grima	NSW	Clinical	CBT, ACT, ST, DBT, IPT, FBT	Registrar, ongoing consultation, supervision of supervision	Australian Born South European/Central American	English	contact@jacintagrama.com.au www.jacintagrama.com.au
Josephine Paparo	NSW	Clinical	CBT, ST, FBT, other	Registrar, ongoing consultation, supervision of supervision	Italian	English	Drjosephinepaparo@gmail.com
Nafisa Choudhury	NSW	Clinical	EMDR, FBT, other	Registrar, ongoing consultation	Bengali Muslim	English, Bengali	info@bodhiandpsychology.com.au
Pamela McDonald	NSW	Clinical	CBT, ST, DBT	Registrar, ongoing consultation	Thai/Chinese Australian	English, Thai	info@mcpsyc.au www.multicolourpsychology.com.au
Sherwynna Lee	QLD	Clinical	CBT, ACT, ST, DBT, EFT	Registrar, ongoing consultation	Chinese Malaysian	English	hello@dualitypsychology.com www.dualitypsychology.com
Vi Tran	VIC	Clinical	CBT, ACT, ST, DBT	Registrar, postgrad placement and ongoing consultation	Vietnamese Australian	English	info@vitranpsychology.com
Wai Leng Boh	NSW	Clinical	CBT, ST, EMDR, DBT, FBT, Gottman	4+2, 5+1 (MPP), registrar, postgrad placement, ongoing consultation	Chinese	English, Mandarin, Cantonese	info@mindhealthcollective.com www.mindwealthcollective.com



Modality abbreviations

- ACT – Acceptance and Commitment Therapy
- IPT – Interpersonal Psychotherapy
- FBT – Family Based Therapy
- EFT – Emotion Focused Therapy
- ST – Schema Therapy
- Other – please contact the supervisor to find out other modalities offered